



Annual Report & AGM 2026 - Onwards & Upwards 2027

Annual Report 2026

To Our 2026 BQA Members and Race Organizers

On behalf of the BQA I'd like to say a Huge THANK YOU to all our Race organizers and volunteers, they work so hard each year to put on these events for us, it is a big commitment and we really do appreciate your time! Thanks also to all the Sponsors who support them, and to you the BQA Members please keep spreading the word and as always thank you for your valuable membership and ongoing support, it's so much appreciated by your Governing Body. Your annual fees are vital so we can run the BQA Governing Body and more important provide the ever important Insurance fees to be able to support the Race Organizers.... Big Thanks!

It has been a really quiet year on the whole for Quadrathlon Racing, the numbers of competitors racing, has been the lowest we have had in a long time. We are back to 4 Races with 2 of our race organizers adding a Sprint Race to their Middle Distance Event, thanks to Lincsquad, and Simon Hamond, Bude for this fabulous addition! The Brigg Bomber hosted the European Championships, this was fabulous for GB to have this race on the World Circuit, even though we are a small minority sport, it certainly helps raise the profile and gives GB Athletes to get a World Ranking too.

I would also like to say an enormous thanks to John Kavanagh who produces the BQA and WQF Tables after each race, this is a huge commitment and we are all very grateful for his dedication in getting these tables done for us Thanks John

A Big Thanks also to Donna Chappill the BQA Chairperson, she is certainly a great ambassador for our sport! Thanks also to every single one of you involved, without you our sport would simply not exist, our race organizers, our marshals, coaches, and also to every single one of you that made it to the start line this year, be proud of what you have achieved and we look forward to seeing you again next season! **Jean Ashley**

**Motivation to train is often fuelled by race adrenalin,
so next season let's keep supporting our event organizers,
and continue to fuel our passion for our wonderful sport!
#smallsportbigheart**

Donna Chappill Chairperson's 2026 Report

I've thoroughly enjoyed my first year as Chair proudly representing BQA not just as an athlete but as an ambassador for our small but perfectly formed sport. I was and still am very excited to proudly tell anyone that will listen about our Quads, what we do, where we do them, where you can find us and I invite many to come and have a go. Even managed one myself this year.

I have noticed that the Quads this year have brought in a few new faces and some past athletes returning to the fold to see how they fare once again in this great sport of ours. It's such a pleasure to see old and new athletes taking on the challenge that is Quad and smiling, maybe grimacing, all the way through to the finish line. I am hopeful that we can all keep sharing and our sport will start to grow.

A huge thank you to all the clubs and volunteers that take on the mammoth task of creating, marshalling and staging our Quads. The number of hours spent with paperwork and red tape is something that few athletes get to see which enables the events to go ahead safely. Without the support of these incredibly hard-working people, our events would not be able to go ahead. Well done to the Trophy series athletes, overall and age group winners. Have a great winter training and I hope to see you on the start line next year.

Donna Chappill BQA Chair

BQA Trophy Races 2026

Brigg Bomber – 7th June

A HUGE THANK YOU to Donna Jeff and the Team at LincsQuad Quadrathlon Club for putting on a fabulous European Championships Race for the BQA and the WQF. As always they pulled out the stops! Despite having such a small team of helpers, there's one thing for sure they are 100% committed to make sure these events happen for our small sport of Quadrathlon.

Thank you to everyone who supported the race, all BQA members and competitors, those International athletes too, all helpers marshals time keepers and key event organizers you put a smile on everyone's faces, made a lot of athletes very proud and gave us all a day to remember.

Full Report <https://www.britishquadrathlon.org/brigg-bomber-national-trophy-wqf-race/>

Manvers Sprint Quad – 21st June

Special thanks to Mark Benton, David Jones and the Manvers Team for organising this great quad event, you are a wonderful 'Team' of people thank you for your enthusiasm and for inspiring so many to take to the water and embrace the challenge, you have put so many smiles on people's faces at Manvers. As always the BQA are extremely grateful to everyone involved, we are a small sport, and it's good to see so many competitors without a doubt it's such a fabulous feel good event, enjoyed by everyone, from seasoned athletes to first timers and looking at the photos looks like you had a great day!

Full Report <https://www.britishquadrathlon.org/dearne-valley-quadrathlon-wqf-cup-race/>

Keyo Brigg Sprint – 6th September

Big Thanks to LincsQuad Quadrathlon Club for hosting the race, and to the 'Small but amazing Team' of organizers and Marshalls who work tirelessly to make this event possible! They have a wonderful team of organisers and marshalls who give up their time and work so hard to run this event and make it safe and fun for participants, it was a great shame that there were only 12 competitors this year. Lets hope for more support next year!

Full report <https://www.britishquadrathlon.org/brigg-bomber-sprint/>

Bude Awesome Foursome – 3rd October

Congratulations to all those that took part in the Bude Awesome Foursome, and Sprint Race. A great day was had by all, even though the conditions were a bit challenging, with a choppy swim and rain on the bike! Race organizer Simon said Everything went well and the competitors 'smashed it'. Big thanks to Simon and all his marshals' who put this great race on for the Quadrathletes out there, we really appreciate their hard work and dedication each year, it's a huge commitment and it's important we show them gratitude and support for their dedication to our sport!

Full report <https://www.britishquadrathlon.org/bude-awesome-foursome-final-bqa-trophy-series/>

National Trophy Winners 2026

Our 4 races in the National Trophy Series were The Brigg Bomber (Middle), Manvers Sprint Quad, and The Keyo Brigg Sprint Quad, and the Bude Awesome Foursome. We also had 2 shorter races, at the Brigg Bomber and Bude, which also gave slightly reduced Trophy points out. These shorter events made it possible for athletes to do 3 races in our series. Racing in the 2026 series we had 27 male athletes (down by 8 on last year), and 17 female athletes (down by 13 on last year) ... that's very disappointing, we are not sure why this is happening, it might just be there are so many different races and events to choose from these days?

Congratulations to our National Trophy Champions and our National Trophy Age Group Winners. But also not forgetting every single BQA Member that competed in our Trophy Races too!

NATIONAL TROPHY 2026 Male Champion – Erik Meilak (360 points)

2nd Peter Chappill Vet 50 (300 points)

3rd Nicholas Farnell Vet 60 (299 points)

NATIONAL TROPHY 2026 Female Champion – Rose Durrant (360 points)

2nd Hermione Ball U23 (330 points)

3rd Caz Jones Vet 60 (294 points)

NATIONAL TROPHY 2026 Age Group Winners

Male Vet 50 Lance Ball

Male Vet 60 Nicholas Farnell

Female U23 Hermione Ball

Female Vet 60 Caroline Jones

The Eric Hatliff Memorial Trophy 'For Endeavor 2026' –

Rose Durrant – after a nasty bike accident in 2025 she showed true commitment to getting back to full fitness and went onto win our National Trophy Series in 2026! Well Done Rose!

The Races We Support

Three other Events that the BQA support went ahead this year –

The Deva Divas Quad – 5th July

It's been another special Deva Divas 'the only Ladies Quadrathlon in the World', the 9th year in the making! Perfect weather conditions, warm slightly cloudy and just a slight breeze, but whatever the weather there is always going to be sunshine in everyone's hearts and as always plenty of very happy ladies!

I am race director for the Quadrathlon, the whole event is brilliantly organized by Nicola Perrins and our Team from Chester Triathlon Club. True dedication from everyone, organizers and athletes alike, just show how achievable it is to create this amazing well supported event!

Full report <https://www.britishquadrathlon.org/deva-divas-2026/>

Norfolk Superhero Challenge - 20th June

The BQA are very proud to support this amazing charity race, The Norfolk Superhero is a Pairs quadrathlon event held annually in June when the tides are right, at Burnham Overy Staithe on the beautiful North Norfolk coast. Participants take part in teams of 2 over a course that includes a 1 mile swim, a 4 mile kayak through the creeks, a 45 mile circular cycle route and an 8 mile run across the beach finishing with the last mile over the marsh. Once again it was another cracking year with demand as high as ever and a really fantastic day had by all, with a huge amount raised for charity £233.000

Full report <https://www.britishquadrathlon.org/norfolk-super-heros-quadrathlon-2026/>

The Montgomery Canal Triathlon - CANCELLED

This is a really fun event, with all the money going towards the Canal restoration, sadly it was cancelled this year due to lack of organizers and volunteers.

<https://themontgomerycanal.org.uk/friends/montgomery-canal-triathlon/>

I wish the World of Quadrathlon another full race season next year, here in the UK, in Europe and across the World. We are a small sport, and race organizers have to cope with many difficulties, not least of which is a financial challenge in the current climate, so we do need your support. We have small enthusiastic group athletes supporting our races, and just 3 of us that organize the BQA Governing Body behind the scenes. You are all vital to our sport, and we do need your help, please keep spreading the word to your likeminded friends, and sharing your passion the BQA look forward to seeing you next year!

Just a final Thank-you to our race organisers, without whom we would really struggle! We most definitely need your races and we hugely appreciate the time and effort, which goes into giving us great events every year! We really do look forward to seeing you in 2027.

Have a good winter's training, train smart and stay safe, and 'Never Stop the Adventure'

Small Sport with a Big Heart

Jean Ashley on behalf of the 'BQA Team'



AGM 2026 - Onwards & Upwards 2026

This is our 'Vitual AGM 2026' Please feel free if you have any points you wish to raise and email me at malpasashleys@btinternet.com

Election of officers for 2026

A big thank-you to the 'Team' below who keep the BQA up and running. Their help is paramount to keep the BQA moving forwards and their hard work is most appreciated. Being a small sport with so many other races and challenges out there, it is always difficult trying to fill our races to the full. Our current race organizers are very supportive and have given up so much of their time in making sure we have Quadrathlons in our calendar. If we could all share the passion for our sport, any help to encourage new race organizers, kayak clubs, triathlon clubs would be hugely welcome; we would love to have more contacts to possible new races.

I would just like to say a special thank you to many BQA members behind the scenes who are continuing to motivate and support Quadrathlon at their own clubs, but in particular 'Jeff and Donna Chappill' at Lincsquad, and 'David and Caroline Jones' at Harthill Paddle Sports.

The BQA need the support of all their members, so if any of you have any ideas, suggestions or can contribute in any way we would love to hear from you. If you would like to join our 'Team' or take on any roles please don't hesitate to email Jean - malpasashleys@btinternet.com)

Chairman – Donna Chappill

Secretary/Treasurer – Jean Ashley

Trophy Points Co-ordinator BQA & WQF– John Kavanagh **John is stepping down after the 2027 season, it is VITAL we get someone to do the BQA Points System to keep our National Trophy Series, please get in touch if this is something you can help with .. thanks**

Training Co-ordinator (North East) – David Jones

WQF Vice President Representative – Jean Ashley

WQF Representative – John Kavanagh

BQA Kit – Godfrey Orders on Website – Leisure Kit via Jean Ashley

Website – Nicola Perrins/Jean Ashley

Team Members **We are looking for Members who can contribute in any way to join our Team. If anyone can offer any support please let me know. Thanks Jean**

Trophy Races 2027 (National Championships to be decided)

6th June Brigg Bomber Middle Distance - WQF EUROPEAN CHAMPIONSHIPS (+Sprint Quad)

? June - Dearne Valley Sprint & QuadKidz

5th September - Keyo Brigg Sprint

? October - Awesome Foursome Middle Distance (+Sprint Quad)

It would be great if we could find another Tri Club to run a Quad on the back of their Triathlon, If any BQA Members have any links they could follow up we would be very interested.

QuadKidz

? June - Dearne Valley QuadKidz

Races supported by BQA (not Trophy Races)

26th June - Norfolk SuperHeroes (use BQA insurance)

18th July - Diva Devas Quad (use BQA insurance)

? September - Montgomery Canal Triathlon (Charity Event)

BQA Trophy Series 2027 Rules

1. Perpetual trophies for Overall National Trophy Winners/plus £30 BQA clothing voucher.
2. £25 BQA clothing voucher for Under 23, Senior, Vet 40, Vet 50, Vet 60 and Vet 70.
3. Eric Hatliff Endeavour Trophy £20 BQA clothing voucher.
4. Trophy points are awarded to all British racers in order of their finish time. The points from their best three races are totalled. Prizes are only awarded to CURRENT BQA Members who have completed three races in the series.
5. We would like to encourage members to join the BQA early in the year. For members RENEWING from the previous year, only races after the date of their renewal will be included in their total. NEW members can have points from their previous races included in their Trophy Series total provided they join before the 1st September.
6. In the event of a tie in points the 4th race will count
7. U18's will only get Overall Trophy points if they do a full Trophy Race (less laps do not count)
8. Only British Athletes get allocated Trophy points, and only BQA members get Prizes.

QuadKidz in 2026

1. Sadly this year the number of youngsters has diminished, we do hope clubs can get youngsters interested and we can get more interest in QuadKidz races. Dearne Valley have a Quadkidz event and hopefully Lincsqad may have a combined race and training day sometime in the summer.
2. The 2 Lightning junior K1's which the BQA purchased can be used by our QuadKidz these are located at Manvers Lake.

3. If anyone has any thoughts about getting more youngsters into our sport or can organize training sessions for them, please don't hesitate to contact the BQA

Race Affiliation 2026

This year we didn't have a BQA affiliation fee for Race organizers. Race organizers have lots of overheads and the fee it's difficult to impose especially for race organizers who do NOT use our BQA Insurance. We still need to cover our Annual Race Insurance fee so we feel the best way to do this is to have a day licence fee up to £2.00 per athlete £4.00 per Team, (The British Triathlon's day fee is around £10, so we still think its good value). All our Race Organizers get sent a Race Contract at the start of the year, this worked very well and I am pleased to say our Race Insurance, which is our biggest out lay was covered and we have enough in our funds to continue providing the vital 'Race Insurance'

Lincsquad Brigg Bomber and Keyo Brigg Sprint - **used BQA Insurance**

Norfolk Superheroes (charity event)- **used BQA Insurance**

Deva Divas Quad - **used BQA Insurance**

Manvers Sprint & Shoreline Pursuits - Awesome Foursome - **use their own insurance**

2026 Membership

In 2026 we have had 24 Senior Members (down by 6 on 2025) and 1 U23, a big thanks to those members for supporting us. Membership for 2027 will be open in December via the Website Google Doc Form (or a downloaded form will be available). This is the same as last year so we are extremely grateful to you all for your membership fees.

A good strong membership will help us subsidise race organisers wanting to put on a World Cup Championship Race or World Cup Race. The BQA pay the WQF Championship and World Cup Race Fees . So please keep supporting us to ensure our events and links with the WQF stay strong!

The prices remain the same.

<u>Category</u>	<u>2027 Fee</u>
Senior	£20.00
Family - 2 Adults only	£35.00
Junior - Under 18	£7.00
Family - 1 Adult 1 child	£25.00
(+ £5 extra for additional child)	
Family - 2 Adults 2 children	£40.00
Associate (None racing)	£5.00

The Membership Forms are on the BQA website along with the google document where athletes can join or renew. The google membership document was a huge success and 99% of our members joined using the online document and paid by Bank Transfer. This has been a huge help and has saved Jean a lot of administrative time, it also saves us Bank Charges too, so if you can please use the Bank Transfer option

Link here **Membership opens 1st December**

<https://www.britishquadrathlon.org/about-us/membership/>

BQA Officers

Chairperson – Donna Chappill

Big Thanks to Donna who has stepped into the Chairperson's shoes, it's great to have her in the 'Team' for the 2nd year it's always good to know she is on the end of the phone for support!

Donna has been a BQA member and involved in Lincsqquad for as long as I can remember, she is key in organizing races at Brigg, along with organizing training sessions. She has raced many Quads and encouraged many Athletes into our sport. She has always been a great supporters of the BQA and continues to spread the word of Quadrathlon far and wide! Thanks Donna your time and effort it is very much appreciated by us all!

Secretary/Treasurer – Jean Ashley

' Once again I feel this year, I have been more of that 'Fairy Quadmother' who has been waving my wand from the sideline, I have had some new challenges this year and got the 'Ultra Running Bug' competing in 4 Mountain Ultra Marathons 2 of which were very special in Sweden and Portugal. These are keeping me very motivated and have been extremely rewarding! I'm still happy to be involved and support our wonderful sport, and my mantra is always 'Never say Never' so one of these days 'I will be back!'

This is Jean's 27th year involved in British Quadrathlon, she has this job organised, after many years of practice! Her role is to keep the BQA up and running, plus various other tasks including sending out the Race Affiliation Packs, which include: fixing a date, risk assessments, insurance, first aid cover, marshals and trophy requirements. This has worked very well over the last few years; we have had no clashes of dates in our calendar, all our races follow BQA rules, and we are very happy our race organisers put on safe and well organised races, which we are very happy to promote and be part of our Trophy Series. Other tasks include: Memberships, Finances and the General day to day running of the BQA. Jean would like to thank the BQA members John Kavanagh and Donna Chappill, who help with the BQA Tasks on a regular basis.

Trophy Points Co-ordinator BQA – John Kavanagh

John has been a huge help and once again he has produced a brilliant spread sheet for the Trophy Series, as always we are extremely grateful for this task he does after all our races Thank-you John.

John is stepping down after the 2027 season, if there is anyone out there who can take over running the National Trophy Spread Sheet please get in touch. It needs updating with the points after all 4 races, John can explain the points system and send the details to the future co-ordinator. It is VITAL we get someone to do the BQA Points System if we wish to keep our National Trophy Series going.

Important Note on Trophy Points and Prizes: As always we do distinguish between the age group categories, and we do have a roll down policy if athletes win the Overall prizes. The roll down policy has been questioned at a couple of our races this year, especially at World Champs/World Cup. The WQF do NOT roll down, but it has always been BQA's policy to share out the prizes.

At World Cup and World Championship Races prizes should be awarded where they properly land and in accordance with WQF rules ie: Overall position does not affect your Age Group Position.

However, in BQA Races we prefer to share out our prizes so a roll down is encouraged (though it is up to our race organizers to decide).

Categories' suggested Male and Female

Overall - Under 23 - Senior over 23-39 - Vet 40 - Vet 50 - Vet 60 - Vet 70

Quadkidz 9 - 12 years - 13 - 15 years - 16 - 18 years

Team Members **New member needed, please help share your passion!**

If anyone would like join our BQA Team we would love to hear from you, we don't expect it to be a huge commitment we'd just like someone to help us spread the word, write the occasional race reports and generally keep eyes open for new openings.

Training Co-ordinator North East – David Jones (Manvers & Harthill Paddlesports)

David is based at 'Harthill Paddlesports in the North East, he enjoys welcoming new comers and seasoned athletes alike he has a new venue which is proving to be very successful! They have a growing network of contacts for everything connected to quadrathlon, they organize training days and regular kayak and swim sessions. Please contact David if you wish to get involved in our sport email: david.jones1655@gmail.com

World Cup Federation (WQF) Vice President – Jean Ashley 2027?

This involves co-ordinating with the WQF on various issues that arise in Quadrathlon, choosing World Cup Races, assessing rules and regulations each year, and also giving the BQA a voice on the WQF. I also keep you all informed with WQF updates, and details of all WQF Races, and as soon as I have any information, all updates are posted on the BQA website and BQA Facebook page.

World Cup Federation (WQF) Points Tables – John Kavanagh

John Kavanagh took on the role of Managing and calculating the WQF Cup points after the World Cup races, he also liaises with Ferenc and the WQF Team on various matters, once again he has done a brilliant job for 2026 John is standing down and the WQF do have another person to step in 2027/28 John has plenty of experience in Quadrathlon so he is an ideal extra 'British Voice' for us on the WQF we shall miss his commitment and expertise.

The 2027 World Cup and Championships are waiting for final confirmation; but these are the proposed events - for more info www.quadrathlon4you.com

PROPOSED WQF World Cup 2027

8 May Kassel Sprint (GER) Siegerehrung
9 May Kassel Sprint (GER) World Cup
23 May Gimbshheim Sprint D World Cup
? Gyékényes (HUN) Middle World Cup
5 June Koberbachthal Quad (GER) Middle World Cup
6 June Brigg (GBR) Middle European Championships & World Cup
? June Huckeswagen World Cup
20 June Seyssel (FRA) Middle World Cup
26 June Tyn (CZE) Sprint World Cup
10 July Bydgoszcz (POL) Sprint World Cup
11 July Offendorf Sprint
17 July Kelheim CT
? August Nagyatad (HUN) Long WC & World Cup
4 September Bergsee Quad Ratscher (GER) Sprint World Cup
? September Przelazy Sprint
12 September Fehmarn Sprint

Distance Guide

WORLD Long Distance Champs - 3.8km swim - 90km bike - 20km kayak - 21km run

WORLD Middle Distance Champs - 1.5km swim - 40km bike - 8km kayak - 10km run

WORLD Sprint Distance Champs - 750m swim - 20km bike - 4km kayak - 5km run

EUROPEAN Middle Distance Champs - 1.5km swim - 40km bike - 8km kayak - 10km run

EUROPEAN Sprint Distance Champs - 750m swim - 5km kayak - 20km bike - 5km run

World Quadrathlon Federation Fees

Membership fee for National Federations is 100€.

The annual membership fee shall be due on February 1st each year. Each National Federation receive an invoice from WQF treasurer. **The BQA pay this fee each year.**

Fee for holding a WQF World Cup race is:

World Cup races: 1€ Single participant.

Championship races (World/European) 2€ Single participant

No additional fees for relays

No fees if the Race has under 25 participants

The BQA pay this fee each year for the British World Cup Races

BQA Kit

Leisure Kit- JamiQ

Jean Ashley can order Leisure Kit from **JamiQ** - Tech T-shirts, Fleecees and Soft Shell Jackets. All information/order forms can be found on the Web page or you can contact Jean via email:

malpasashleys@btinternet.com A kit order is placed once a year, and I do have some Fleecees, Tech Tee Shirts and Buffs in stock. However if there is more demand Jean can order more frequently.

Godfrey Sports Performance Training Kit.

Godfrey Sports have designed a set of quality clothing for the BQA which is available to purchase from their website using the link on our web page. You can order single items of clothing, rather than waiting for the BQA to build up a bulk order. This is ideal as we do not have the Funds to buy big orders.

Matching Team Kit does help raise the profile of the BQA, and they are all excellent quality so please feel free to purchase the kit.

Tri Suits

There are plenty of BQA Trisuits in action and they look great at our races; these are available to buy on our Godfrey website too. Check out more information on our kit page

<http://godfrey.co.uk/club/britishquadrathlonassociation>

Website & Newsletter & Facebook page - Jean Ashley & Nicola Perrins

Nicola Perrins, a Deva Diva Quadrathlete from Chester Tri, and Chester Canoe Club is our Web Master. We would like to see more members to send us race reports, photographs or articles linked to Quadrathlon/Multi-sports; it's always good to share your news, and I would love members to send in more race reports experiences please email me malpasashleys@btinternet.com

I also link all the news to our Facebook page which is well supported, it now has 629 members, that's up another 4 on last year! We keep spreading the word ... thank you to all our members for the posts, photos and comments. The BQA Facebook page is a very good example of how to communicate with people, **but we do need more people to post race reports, share information and encourage each other!**

Moving Forwards in 2027

- Participants in our sport have dropped of significantly, and numbers of athletes competing has been the lowest for a long time; It doesn't get any easier for our organizers running Quadrathlon Races, especially with our sport being so small, so as athletes we have to continue to share their passion and keep supporting the races. We are not sure why this is happening ... maybe there are just so many different races and challenges out there, that people want a new challenge?
- If you have any ideas how this can be addressed please let us know, we would love some feedback and if anyone has any ideas about moving forwards, events, training sessions, training days or anything to help promote our sport we would love to hear from you. No matter how big or small your idea is, please don't hesitate to get in touch ... Thank you. *Jean Ashley*
BQA Secretary